

CLINICAL SOLUTIONS

Step by Step



IN THE EVENING:

WEEKS
3&4

REMOVE EYE MAKEUP

CLEANSE YOUR FACE

(do not use acne medicated cleansers)

APPLY EYE CREAM + WAIT 5 MINUTES

USE 1 PUMP OF RETINOL AND SMOOTH OVER FACE,
AVOIDING EYE AREA

FOLLOW WITH 1-2 PUMPS OF CALM+RESTORE MILK,
ALL OVER FACE, AVOIDING THE EYE AREA

WAIT 5 MINUTES, THEN APPLY NIGHT CREAM

RECORD APPLICATION IN TRACKER AND WAIT 7 DAYS FOR
THE NEXT APPLICATION